Your Animal's Name: _____

Species:	Breed:		
Directions: Choose the same animal to che same time every day and make sure that you get done exercising. Remember that if you get the rate per minute. To figure out an advide by 5. Answer the questions below a to your record book entry.	you check while u listen for 15 s verage, you wil	e the animal is at seconds you mus Il add the 5 days	rest, not excited or t multiply by 4 to rates together then
	Heart Rate Beats per	Respiration Breaths per	Temperature Degrees F or C?
Day 1 Data	minute	minute	
Day 1 Date:			
Day 2 Date:			
Day 3 Date:			
Day 4 Date:			
Day 5 Date:			
My pet's average			
Is your animal the same each day? What might be some of the reasons for changes?			
Why is it important to know your pet's average?			
How does your animal compare to the listed averages for your pet's species? (look back at the slides or in a book if you need to know the averages).			



Keep this paper with your record book to demonstrate your activity.